

IS YOUR WORK TOO NOISY?



Do you use noisy power tools or machinery at work such as jackhammers or explosive powered tools?

YES

NO



Do you find it harder to hear people and things as the day goes on?

YES

NO



Do you experience a ringing in your ears during the day or at night, or have muffled hearing? You might not be able to hear the beginning of sentences or when people have their backs to you.

YES

NO



Do you need to raise your voice to communicate with someone about one metre away?

YES

NO



Do you find that there is too much noise or that you can't clearly hear instructions or warning signals?

YES

NO



Are the noise levels at your work loud enough to need hearing protection?

YES

NO

If you answered **YES** to any of the above questions, you may be at risk of losing your hearing.